



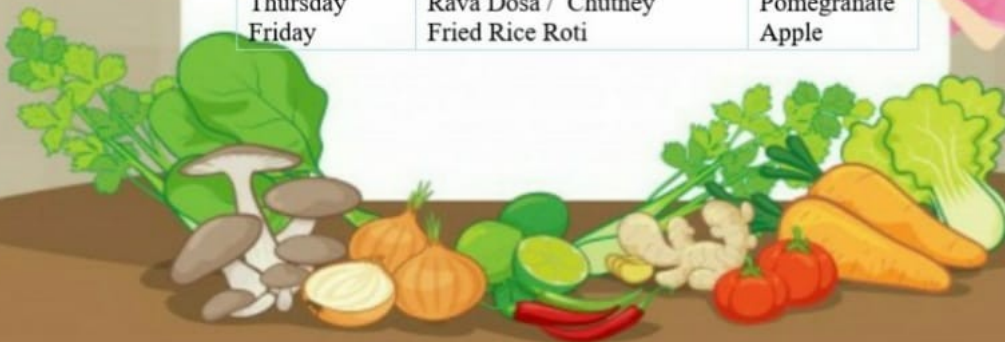
### SpecialMe Breakfast Menu

Days	February I week	Fruits
Monday	Chapathi Roll	Apple
Tuesday	French Toast	Pomegranate
Wednesday	Mini Dosa / Chutney	Watermelon
Thursday	Pasta	Banana
Friday	Paddu	Papaya

Days	February II week	Fruits
Monday	Poori - Masala	Papaya
Tuesday	Mixed Veg vermicelli	Banana
Wednesday	Poha – Raita	Watermelon
Thursday	Aloo Paratta	Pomegranate
Friday	Pancake	Apple

Days	February III week	Fruits
Monday	Kerala Paratta	Apple
Tuesday	Mini Idli / Sambar	Pomegranate
Wednesday	Upma - Chow Chow bath	Watermelon
Thursday	Bread Butter & Cutlet	Banana
Friday	Kozhukuttai Sweet & Spicy	Papaya

Days	February IV week	Fruits
Monday	Rice Pancake	Papaya
Tuesday	Idiyappam Stew	Banana
Wednesday	Ada	Watermelon
Thursday	Rava Dosa / Chutney	Pomegranate
Friday	Fried Rice Roti	Apple





### SpecialMe Lunch Menu

Days	February I week	Fruits
Monday	Curd rice	Apple
Tuesday	Mughlai Egg Paratha	Pomegranate
Wednesday	Fried Rice	Watermelon
Thursday	Curanchi Corn Capsicum Rice	Banana
Friday	Carrot Peanut Saadam	Papaya

Days	February II week	Fruits
Monday	Thengai Paal Saadam	Papaya
Tuesday	Mexican Fried Rice	Banana
Wednesday	Rice Powder Upma	Watermelon
Thursday	Noodles	Pomegranate
Friday	Aloo Paratha	Apple

Days	February III week	Fruits
Monday	Beetroot Pulav	Apple
Tuesday	Sprouts Pulav	Pomegranate
Wednesday	Sprouts Dosa	Watermelon
Thursday	Cheese Spaghetti Pasta	Banana
Friday	Soya Chunks Biryani	Papaya

Days	February III week	Fruits
Monday	Butter Milk Banana Pancake	Papaya
Tuesday	Noodles Cutlet	Banana
Wednesday	Veg Biryani	Watermelon
Thursday	Aloo Patty Sandwich	Pomegranate
Friday	Veg Sizzler	Apple

